

Sammen om et aktivt Danmark – bevægdigforlivet.dk

TrygFonden NORDEA FONDEN DGI DIF

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Parasport og idræt for sindet

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Introduction

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Bevæg dig for livet – Move for life

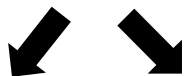
Parasport and sport for the mind

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A collaboration with DIF – Danish sports association, DGI and local municipalities



Regular clubs



Inclusion of people with disabilities (physical and cognitive) and mental issues

Clubs or teams for people with disabilities

Clubs for people with mental issues

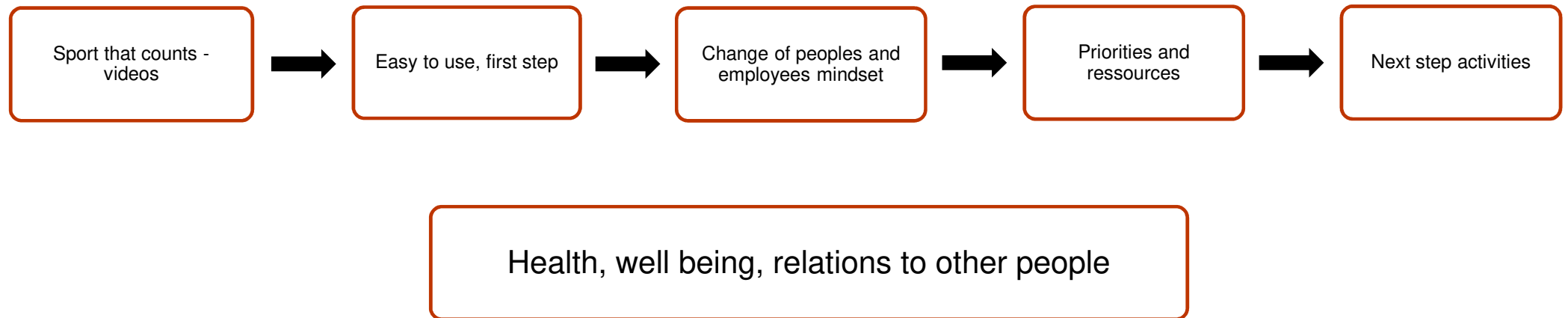
Idræt der tæller – Sport that counts

A campaign that focused on movement and exercise during corona lockdown



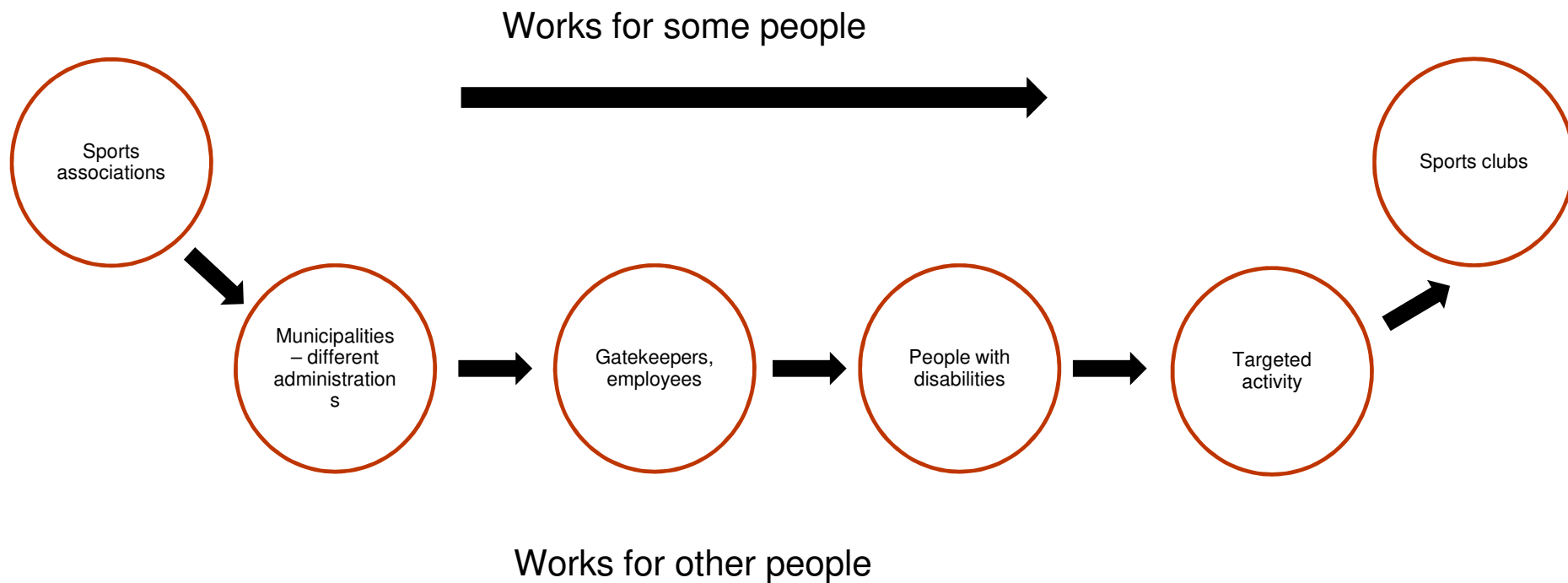


Small steps towards more movement together



The key is the collaboration

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Lets try...

<https://www.youtube.com/watch?v=6cDZK1maQp0>

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